



## *Participant Handbook*

*2010 Arctic Winter Games  
Athlete Selection Process  
(Regional & Territorial Trials)*



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## *Introduction*

Welcome to the 21<sup>st</sup> Arctic Winter Games selection process. This handbook is designed to guide you through the Regional Trials, Territorial Trials and the Arctic Winter Games (AWG).

This special event does not have any equal in the number of individuals and communities that participate in the NWT. At the 2008 Arctic Winter Games, 871 participants from 33 communities participated in the Territorial Trials. For the 2010 Arctic Winter Games, our Team will be comprised of 350 athletes, coaches and mission staff.

## *Code of Conduct*

As a participant, you are a reflection of your community, region and the Northwest Territories; therefore, all participants have a responsibility to maintain a high standard of commitment and conduct, which is in the spirit of the Games.

### **OUR WAY TO PLAY**

- Treat others with respect.
- Inspire enjoyment of the game through fair play.
- Treat your team and opponents with respect and play by the rules.
- Exercise respect, sportsmanship and self control.
- Respect the decisions of both coaches and officials without gesture or argument.
- Conduct yourself responsibly on and off the playing field.
- **PLAY HARD . . . PLAY FAIR . . . HAVE FUN!!!**

Sport North's Conduct & Discipline Code will govern all participants of the AWG selection process. Those participants that go on to represent the NWT at the Games will be required to sign a Conduct Agreement with Sport North.

## *Eligibility*

- You must be a continuous resident of the NWT for six (6) months prior to the start of the Arctic Winter Games. (Date is set at August 28, 2009)
- You must compete for the region you live in as of the registration deadline set by each region. Each athlete / coach can compete in one region only. If you are attending school in another region in the NWT, you are eligible to compete for that region or for your home region.
- You must meet individual sport requirements and be registered with your Territorial Sport Organization. (i.e. NWT Soccer Association).
- Exchange students or people on temporary work visas in the NWT are not eligible to compete.
- At Regional Trials, you can register and compete in two sports (i.e. Volleyball and Soccer), but can only register and compete in one age category within a sport (i.e. not junior and juvenile Cross Country Skiing).
- At Territorial Trials, you can register and compete in two sports as long as they do not conflict (i.e. same weekend).
- You must sign and adhere to Sport North's Conduct & Discipline Code.
- All Coaches and Mission Staff will be required to submit to a Criminal Record Check prior to the Arctic Winter Games.

## *Regional Trials*

The Regional Trials is the first step in the Arctic Winter Games selection process. We have five regions broken down to ensure that all NWT residents get a fair opportunity to participate. You can register and compete in up to 2 sports at the Regional Trials, as long as the selection camps are on different dates. You will need to register and compete at this level to continue on to the Territorial Trials. In order to register, you must complete the registration form and pay the registration fee by the deadline – **October 30, 2009.**

Every region has a Regional Coordinator to ensure that things run smoothly. They are responsible for collecting the registration forms, fees, arranging your transportation and working with the communities hosting events to ensure that the selection camps are handled properly. Once the registration deadline has passed, the Regional Coordinator will determine if a Regional Trials selection camp is needed for each sport. If so, he/she will then coordinate the travel and accommodations with each community. Athletes usually stay in the schools or are billeted in the host community.

## *Regional Coordinators*

Mackenzie and South Slave

**Val Gendron** (Fort Simpson)

Ph: 695-2609 or 695-3310

F: 695-2639

E: [Valerie\\_Gendron@dehcho.learnnet.nt.ca](mailto:Valerie_Gendron@dehcho.learnnet.nt.ca), [pilling@airware.ca](mailto:pilling@airware.ca)

**Registration fee: \$50 (payable to Sport North)**

Yellowknife

**Melanie Kornacki** (Yellowknife)

Ph: 669-8378

F: 669-8327

E: [mkornacki@sportnorth.com](mailto:mkornacki@sportnorth.com)

**Registration fee: \$25 (payable to Sport North)**

Beaufort Delta and Sahtu Regions

**Theresa Ross** (Inuvik)

Ph: 777-7891

F: 777-2850

E: [bdsrecreation@gmail.com](mailto:bdsrecreation@gmail.com)

**Registration fee: \$125 (payable to BDSRA)**

## *Checklist for Regional Trials*

- Did I receive my Regional Trials registration form from my coach/Regional Coordinator?
- Did I complete my registration form and pay my fee by the deadline (**October 30, 2009**)?
- Have I confirmed travel arrangements and accommodations with my coach? (**Don't forget - senior athletes (Dene Games and Arctic Sports) must arrange their own accommodations**).
- Where will I be staying at the event? (school or billeted) Do I need to bring money for meals?
- Have I received my uniform from my coach?
- Have I received a schedule for the event?

- Have I received my travel information from my coach?
- Have I packed my sleeping bag, towel and toiletries? Do I need to bring anything else? (Check with coach)

### ***Territorial Trials***

The purpose of the Territorial Trials is to select the teams and individuals that will represent the Northwest Territories at the 2010 Arctic Winter Games.

The majority of Territorial Trials events will be held January 28-31, 2010, with the exception of Basketball, Figure Skating, Snowboarding, Dog Sledding, Biathlon and Cross Country Skiing (refer to page 8). The deadline date to register for the Territorials Trials is **January 8, 2010** (if Trials are scheduled for Jan. 28-31) **or two weeks prior to the event**. Participants should register through their Regional Coordinator. The registration fee at this level is \$100.00 per participant. Coaches pay the same fee as their team/athletes. Athletes can register and compete in two sports at the Territorial Trials as long as these events do not conflict.

Coaches that have been pre-selected by the Territorial Sport Organization (TSO) as the AWG coach do not have to pay the Regional or Territorial fee unless they are coaching at the Regional and Territorial Trials, then the respective fees must be paid.

If the TSO wants the AWG coach to attend the Territorial Trials in a non-coaching capacity, the TSO must pay a \$100.00 registration fee, if the coach's travel is by air.

Participants who receive DIRECT ENTRY into the Arctic Winter Games must pay the Territorial registration fee. The direct entry participant has the option of travelling to the Territorial Trials in their sport, but it is not essential in advancing to the Arctic Winter Games.

## *Checklist for Territorial Trials*

- Did I pay the Territorial Trial registration fee by the deadline? (January 8, 2010 - if Trials are scheduled for Jan. 28-31 - or 2 weeks prior to the event).
- Have I given my registration fee (\$100) to my Coach which is to be passed on to Sport North or my Regional Coordinator?
- Have I confirmed travel arrangements and accommodations with my Coach? (**Don't forget - senior athletes must arrange their own accommodations**).
- Where will I be staying at the event? (school or billeted) Do I need to bring money for meals?
- Do we have to overnight in Yellowknife en route to the community hosting our event? If so, where are we staying? (hotel / billet).
- Have I received my uniform from my Coach?
- Have I received a schedule for the event?
- Am I aware of my flight times?
- Have I packed my sleeping bag, foamie, towel and toiletries? Do I need to bring anything else? (Check with my Coach)

### Dates of travel for Territorial Trials:

January 28, 2010 (afternoon)      travel to event  
January 31, 2010 (morning)      travel to home community

## *Territorial Trials Sites & Dates*

| <b>COMMUNITY/SPORT</b>   | <b>DATE</b>      | <b>REGISTRATION DEADLINE</b> |
|--------------------------|------------------|------------------------------|
| <b>YELLOWKNIFE</b>       |                  |                              |
| Basketball               | Dec. 4-6         | Nov. 20                      |
| Figure Skating           | Dec. 11-13       | Nov. 27                      |
| Badminton                | Jan. 28-31       | Jan. 8                       |
| Gymnastics               | Jan. 28-31       | Jan. 8                       |
| Hockey - Female          | Jan. 28-31       | Jan. 8                       |
| Hockey - Midget          | Jan. 28-31       | Jan. 8                       |
| Soccer                   | Jan. 28-31       | Jan. 8                       |
| Speed Skating            | Jan. 28-31       | Jan. 8                       |
| Volleyball               | Jan. 28-31       | Jan. 8                       |
| Snowboarding             | Feb. 4-6         | Jan. 21                      |
| <b>INUVIK</b>            |                  |                              |
| Arctic Sports            | Jan. 28-31       | Jan. 8                       |
| <b>FORT SMITH</b>        |                  |                              |
| Dog Sledding             | Feb.27-<br>Mar.1 | Feb. 12                      |
| <b>HAY RIVER</b>         |                  |                              |
| Biathlon<br>Ski/Snowshoe | Nov. 21-22       | Nov. 6                       |
| Cross Country Skiing     | Nov. 21-22       | Nov. 6                       |
| Hockey - Bantam          | Jan. 28-31       | Jan. 8                       |
| <b>FORT McPHERSON</b>    |                  |                              |
| Snowshoe                 | Jan. 28-31       | Jan. 8                       |
| <b>DETTAH</b>            |                  |                              |
| Dene Games               | Jan. 28-31       | Jan. 8                       |
| <b>TUKTOYAKTUK</b>       |                  |                              |
| Wrestling                | Jan. 28-31       | Jan. 8                       |
| <b>TO BE CONFIRMED</b>   |                  |                              |
| Curling                  | Jan. 28-31       | Jan. 8                       |

## *Sport and Age Categories*

Athletes must be within three years of the age requirement where no minimum age limit exists. A TSO may submit a request to Sport North for specific age considerations relevant to its sport.

| <b>SPORT</b>            | <b>CATEGORY</b>  | <b>AGE REQUIREMENT</b>  |
|-------------------------|--|---|
| ARCTIC SPORTS           | Open Male & Female<br>Junior Male & Female   | No age restrictions<br>Born in 1993 or later  |
| BADMINTON               | Junior Male & Female<br>Juvenile Male & Female                                       | Born in 1991 or later<br>Born in 1994 or later  |
| BASKETBALL              | Junior Male & Female   | Born in 1991 or later   |
| CROSS COUNTRY<br>SKIING | Junior Male & Female<br>Juvenile Male & Female<br>Midget Male & Female               | Born in 1992 and 1993<br>Born in 1994 and 1995<br>Born in 1996 and 1997   |
| CURLING                 | Junior Male & Female   | Born on or after July 1, 1991   |
| DENE GAMES              | Open Male<br>Junior Male & Female<br>Juvenile Female                                 | No age restrictions<br>Born in 1990 or later<br>Born in 1994 or later   |
| DOG MUSHING             | Junior Co-ed<br><br>Juvenile Co-ed   | Born between April 1, 1990<br>and March 31, 1995<br>Born between April 1, 1995<br>and March 31, 1999              |
| FIGURE SKATING          | Preliminary Ladies<br>Juvenile Ladies<br>Intermediate ladies<br>Novice / Open Ladies | Competitors must have been<br>born between 1992 and 1999.<br>Preliminary ladies must be<br>born in 1997 or later. |
| GYMNASTICS              | Junior Female  | Born on January 1, 1992 or<br>later   |

*Sport and Age Categories (continued)*

| <b>SPORT</b>      | <b>CATEGORY</b>   | <b>AGE REQUIREMENT</b>   |
|-------------------|---|--|
| HOCKEY            | Junior Female<br>Midget<br>Bantam                                     | Born in 1990 or later<br>Born in 1992 or later<br>Born in 1995 or later                          |
| INDOOR SOCCER     | Intermediate Female<br>Junior Male & Female<br>Juvenile Male & Female | Born in 1990 or later<br>Born in 1992 or later<br>Born in 1994 or later                          |
| SKI BIATHLON      | Junior Male & Female<br>Juvenile Male & Female                        | Born in 1992, 1993 or 1994<br>Born in 1995 or later  |
| SNOWSHOE BIATHLON | Junior Male & Female<br>Juvenile Male & Female                        | Born in 1992, 1993 or 1994<br>Born in 1995 or later  |
| SNOWBOARDING      | Junior Male & Female<br>Juvenile Male & Female                        | Born in 1991 or later<br>Born in 1993 or later   |
| SNOWSHOEING       | Junior Male & Female<br>Juvenile Male & Female                        | Born in 1991 or later<br>Born in 1995 or later   |
| SPEED SKATING     | Junior Male and Female<br>Juvenile Male & Female                      | Born between July 1, 1990<br>and June 30, 1995<br>Born between July 1, 1995<br>and June 30, 1998 |
| TABLE TENNIS      | Junior Male & Female<br>Juvenile Male & Female                        | Born in 1992 or later<br>Born in 1995 or later   |
| VOLLEYBALL        | Junior Male & Female  | Born in 1990 or later  |
| WRESTLING         | Junior Male & Female  | Born in 1992, 1993 or 1994   |

## *Arctic Winter Games*

### **CONGRATULATIONS!!**

The 2010 Arctic Winter Games will take place from March 6-13, 2010 in Grande Prairie, Alberta. You now need to register on-line through the 2010 Arctic Winter Games website (<http://awg2010.gems.pro>) and pay the registration fee of \$250 (payable to Sport North) by **February 8, 2010**.

As a member of Team NWT, you will receive the official uniform (jacket and pants), plus some additional items from Sport North. The Territorial Sport Organization will provide your competition uniform.

Sport North will provide transportation for all Team NWT participants. Sport North will not be responsible for expenses incurred for transportation by players, coaches or cultural delegates who travel by means other than designated by Sport North. Coaches and Chaperones must travel with their teams to and from the Games.

The AWG Host Society (Grande Prairie) will provide accommodation and meals for all participants. All junior athletes, cultural delegates, their coaches and chaperones must occupy the accommodations provided by the Host Society. Adult category athletes (Dene Games and Arctic Sports) may stay outside the Athletes' Village, with the permission of the Chef-de-Mission.

### *Checklist for Arctic Winter Games*

- Did I receive an AWG Handbook? (Travel info, mission centre, phone numbers, accommodations etc.)
- Did I complete the on-line registration and upload my photo? (<http://awg2010.gems.pro>)
- Did I pay my registration fee to Sport North (\$250) by the deadline (February 8, 2010)? After that date, the fee increases to \$350.
- Have I confirmed my travel arrangements?
- Have I received my competition schedule?
- What do I need to bring (pillow, towel, and toiletries)?
- Did I submit my request for a Criminal Record Check? **(Only applies to Coaches and Mission Staff)**

Dates of travel to the Games (charters)

March 5 (evening) Yellowknife to Grande Prairie

March 13 (evening) Grande Prairie to Yellowknife

For more information about the Arctic Winter Games, contact:

Doug Rentmeister  
Sport North Federation  
Box 11089, 4908 – 49 Street (3<sup>rd</sup> floor)  
Yellowknife, NT X1A 3X7  
Ph: 669-8335 or 669-8336  
Toll Free: 1-800-661-0797, ext. 8335 or 8336  
Fax: 669-8327  
[www.sportnorth.com](http://www.sportnorth.com)

